

Health form

Please complete this form and add it to your **Appraisal and Revalidation portfolio**.

Do you feel there are any health-related issues for you that may put patients at risk?

Please mention any problems or concerns raised during the year and any steps you feel should be taken to safeguard the position.

Increasing tiredness and fatigue over last 4 months. Difficulty in concentrating and irritable with patients. Feel emotionally exhausted and not enjoying the job. Specific problems for me have been a patient complaint, divorce and moving house.

Patients and staff have become concerned.

*Problem is that are each other's GP and so reluctant to see my GP.
Wish to discuss these issues further with the appraiser confidentially.*

Documents list

None.

Name:

Signed:

Date: